



Carolyn R. Owens, MCC, CPC, SPHR
Certified Career Strategist, Leadership, Executive, and Life Coach

Carolyn, an Amazon three-time bestselling author, is recognized as one of a select few certified Rapid Employment Master Coaches in the world. She has served as President of the Maryland Career Development Association, been featured in Money Magazine, Fox News website magazine, Huffington Post, YourTango.com, Legacy in the Making Magazine, and numerous publications and organizations.

Prior to engaging in her stellar career as an internationally recognized career strategist, leadership, and executive coach, Carolyn served in the United States Navy for over 24 years, retiring as a Navy Commander. During her military career, she served as Director of Human Capital Management; a position that brought over 4,800 civilians, military, and contract personnel were under her purview. Her favorite assignment was serving as a Professor in the Department of Command Leadership and Management at the United States Army War College.

Upon retirement from military service, Carolyn decided to turn the roles she loved most about her profession, coaching and mentoring, into a second career. She has become a leading authority on leadership and professional development and has worked with and trained top leaders across the globe, assisting numerous clients with evaluating and modifying professional and personal life perspectives and relationships.

Carolyn develops, conducts, and facilitates unique and informative training sessions, seminars and/or workshops that educate, enhance performance, and boost morale at all levels of an organization. She has worked extensively in areas of Emotional Intelligence and Diversity and Inclusion to include coaching individuals with disabilities. She is proficient in one-on-one, group coaching, personality, and leadership assessments, and has a unique ability to create customized experiences that strategically align with an individual's or organization's comprehensive goals. She has conducted sessions to, and for Centers for Medicare & Medicaid Services (CMS), The Department of Justice, Department of Health and Human Services, National Passport Center (NPC), Program Support Center (PSC), Nigerian government officials, heads of Nigerian university libraries, Maryland Counseling Association, and many other organizations. Time and again, she has received superb accolades.

Working to empower and educate as many people as possible, Carolyn serves as the host of the podcast, "[Let's Coach with Carolyn](#)". Originally from Philadelphia, PA, Carolyn is a big fan of all Philly sports teams. Not very athletic as a child, she found her sport, martial arts, later in life earning a 2nd Degree Black Belt.

EDUCATION/CREDENTIALS:

Bachelor of Arts, Temple University
Master of Arts, Human Resource and Management, Webster University
Graduate of the Naval War College Non-Resident College Program
Master Certified Coach (MCC) with the International Coach Federation
Graduate of the iPEC Coaching Certification Program
Certified Culturally Intelligent Certification Program
Certified Professional Career Certification Program Professional Association of
Professional Resume Writers and Career Coaches
Certified Federal Job Search Trainer and Federal Career Coach Program Resume
Place
Certified 5 Steps to Rapid Employment Master Coach Program: Jay Block
Senior Professional in Human Resources (SPHR)
SHRM – Senior Certified Professional (SHRM-SCP)
Social Media Career Strategist Program The Academies
Certified Mentor Coach with inviteCHANGE Mentor Coach Certification Program.
Ni Dan (2nd Degree Black Belt) Washington's Karate Dojo (WKD)

Assessments Certified/Qualified in:

Myers Briggs Type Indicator (MBTI)
Emotional Quotient Inventory (EQi 2.0)
Energy Leadership Master Practitioner (ELI-MP) Assessment